

## General Synod Profile 2022 Helen Rainger Canberra-Goulburn Diocese



Greetings to all from Helen Rainger, representing the Diocese of Canberra-Goulburn. This is my second General Synod and I see it as a privilege to be part of this gathering of the Australian Anglican Church, in representative form.

### **Church involvement and Theology**

While much has happened in the world, in our church and for me in the last five years since the 2017 Twin Waters General Synod, the broad sweep of my life, and hence this short bio, has not changed very much. I continue to value daily my theological qualifications, the last one a Master of Theology. I am part of the worshipping community at St Saviour's Cathedral in Goulburn, the mother-church of the Canberra Goulburn Diocese. I love being a reader and intercessor. I am currently president of the Australia-wide Palestine Israel Ecumenical Network. I am devoted to that hermeneutical quest, the *big picture* of Scripture.

### **Professional and community involvement**

I am a retired English teacher and enjoy a variety of interests (previously called hobbies?), including political engagement at home and abroad. Presently I am secretary of the Goulburn Branch of the ALP. Cultural activities have been a little curtailed by COVID.

### **And finally...**

I enjoy Christian Meditation as a daily practice, being still in the presence of God. I participate in the *divine dance*, that Rublevian vision which spills over into our *being* in the world. May we all be *children of light*.